

XPLORE PANAMA, IN YOUR WAY

Guests number:

Destination:

To be confirmed

Panama the Full Immersive Experiencie

Welcome to Xplore Panama, our goal is that you take home memorable experiences in iconic landscapes, discover new, have fun and get out of your daily routines, immerse yourself in different cultures and gain a wider understanding of the world. Our team of experts has combined a wide variety of soft adventures specially designed for explorers, students, people who love finding new things: road finders, search engines, pioneers.



Panama is a country located in the isthmus that unites Central and South America. The Panama Canal, a famous engineering monument, crosses its center and joins the Atlantic and Pacific oceans to create a crucial sea route. In the capital, the city of Panama, modern skyscrapers, casinos and discos contrast with the colonial buildings of the Casco Viejo district and the tropical forest of the Metropolitan Natural Park, but there is much more to discover in this destination, let us show you a little more respect.....



PANAMA CITY



The essence of the Caribbean can be felt in every corner of the old town, the historic center of Panama City. Small and cozy streets, squares, bright colors, warm people, historic buildings make possible unique and intimate experiences, from an old traditional ice cream shop to exquisite gastronomic experiences.





AMERICAN TRADE HOTEL



The American Trade Hotel and Hall is a luxury boutique hotel, combining old world elegance, with modern and contemporary design. It is located in the most sought-after area of Panama City: Casco Viejo, a neighborhood designated by UNESCO as a world heritage site; It offers the best tourist places, delicious cuisine, nightlife.

Among all the options in Casco Viejo, the American Trade Hotel sparkles brilliantly. The property consists of a charming building, built in 1917 and restored in 2013. It has secured its position as an ecological and cultural bridge, since the area is connected simultaneously, with the second city and the modern city. It is a place of exchange for influential, creative and international visionary figures. The property and adjacent areas are soaked with local culture.



PANAMA OLD CITY

Located in the middle of modern skyscrapers is Panama La Vieja, a charming place that retains its mystical flavor. Built on a native accent, it was the first city founded by Spain on the Pacific Coast in the 1500s. As you walk surrounded by exotic and magnificent vegetation, you will immerse yourself in history in every corner.



This picturesque place, recognized by UNESCO as a world heritage site, transports us to the link between cultures - Spanish, English, French and of course Panamanian, enriching culture and customs in a gastronomic exchange, of clothing, religious beliefs, in different ways. To appreciate life.

The Cathedral Tower, the King's Bridge, The Convent, private houses and other important ruins still remain witnesses of the expansion and conquest of these territories.





BIOMUSEO

The isthmus of Panama is a milestone in the natural history of the world. Located in Amador Causeway and designed by the famous architect Frank Ghery, the Biomuseo tells us about the emergence of Panama from the ocean.



In its eight galleries with permanent exhibitions are: Bridge of Life that includes a compilation of the importance of biodiversity. Panorama offers an audiovisual experience on a trip through the different ecosystems of the country. The forces of the tectonic plates are the sample that you will find when entering the Gallery of Building the Bridge. The worlds on display show the way in which the isthmus was closed and the migration of giant animals that took place in the process of union between the two continents. You will find a sample of the incidence and human migration that took place when two continents joined.





CASCO ANTIGUO

The Old Town is a colorful and charming historical center, with fascinating contrasts between the new and the old. Carefully located on a reef, as it was formerly built there for the purpose of protecting the city from possible invasions.

Throughout history, the Isthmus of Panama has become a place of great relevance for world trade. In the Old Town there were some of the most important agreements such as the negotiation of the construction of the famous Panama Canal, signed by Teodoro Roosevelt in this historic center. Relive the story and some interesting details and stories that originated in this place.





LO QUE HAY RESTAURANT



Created by José Carles, owner and executive chef of the restaurant "Where José", this place is the ideal place to know an authentic place of typical Panamanian food better known as Fondas, this place does not have a defined menu since the literal translation of its The name is "What there is" This concept stems from the idea of the chef to go out every day to collect in the main markets the best products that day he finds and with those ingredients make a special menu so that visitors always find unique flavors of Panama



DONDE JOSE RESTAURANT



This restaurant belongs to the list of the 50 Top Restaurants in the world, its owner Chef José Carles tells the story of Panamanian food in his small restaurant of only 16 exclusive places, showing the little known native ingredients of the country in a menu tasting full of twists and technical flourishes.

The menu changes every few months with a completely new theme, but expect contemporary and creative food with an emphasis on smoky, sour and spicy flavors. You will enjoy a gastronomic history tasting between 7 to 9 dishes, of course we recommend that you let yourself be pampered by the selection of wines or artisan cocktails from the experts in the place.



TREASURES OF PANAMA

The ancient civilizations, cultural traditions and natural treasures of Panama come to life in our workshop. You will see how pre-Hispanic works are done through the "lost wax process", the same method that the ancient goldsmiths of Panama used thousands of years ago to make their wonderful pieces of gold.

After the presentation of a video, you will walk along a catwalk where you can learn more about the history behind our pieces. Then you will see a live metal casting demonstration and you can participate in the process.

The tour ends in a very complete boutique with a great variety of crafts and souvenirs for all budgets. This activity is highly recommended by the main travel guides.





100% PANAMANIAN CHOCOLATE WORKSHOP

This interactive show is a journey through the history, traditions and culture of Panama through the different flavors of artisanal chocolate

- Tasting
- Creation of chocolate bars customized by the participants within the laboratory.
- Approximate duration: 2 hours.

- Box with 3 handmade chocolate bars or fancy box with mini bottle of Grandpa Ron 7 years and handmade chocolate 7 years

** Optional: 100% Panamanian handmade chocolate pairings, discover the authentic flavor of cocoa in authentic combinations with beer, wines, spirits and for the little ones in the house we also have pairing options with natural tropical potato juice juices.





SAN BLAS ARCHIPIELAGO



Paradise becomes a living reality while you practice snorkeling, kayaking and discover sunken pirate ships or just relax on the beach of San Blas, a Caribbean paradise.

The San Blas archipelago is made up of more than 360 islands with coral reef formations in the Caribbean Sea of Panama. Most of them are inhabited and are accessible only by sea. The virgin paradisiacal turquoise waters are home to curious and colorful sea creatures, dolphins, goldfish, sea turtles, which will accompany you along the crystal clear waters of the Caribbean Sea.

The experience of joining the way of life of Guna Yala will take you to the past, they have kept their culture intact. Sailing in San Blas is an exciting experience. Visit the island where your body was committed to the sea near an island that bears its name of fantastic rainforest and witness its lush wildlife.



PORTOBELO

Probably named by Christopher Columbus as "Port Bello" in 1502, Portobelo became the main point for the trade of Spanish ships between Europe and Central and South America, which were loaded with the gold of the Incas and Aztecs after these Treasures will cross the Isthmus from the Pacific Coast. Because of this, Portobelo became the target of pirate attacks like Sir Francis Drake. Portobelo has a rich culture, as it is home to the culture of Congo, in the past slaves were traded here. Today this culture has become a very interesting mix of two worlds.



It was one of the most important ports in America during the colonial era, because most of the ships loaded with affected wealth from South America had to pass through here. Being a must stop within the route, it was necessary to prepare a defense system in order to calculate the safety of the inhabitants of the city and the galleon traffic, which resulted in one of the most impressive sets of military architecture In America. UNESCO declared the port and fortifications of Portobelo a World Heritage Site in 1980, recognizing the exceptional character of this city built on the shores of the Caribbean Sea.



EL OTRO LADO – PRIVATE RETREAT



El Otro LAdo is a Private Retreat located in the privileged enclave of the Bay of Portobelo, Panama, which integrates design, culture, nature and luxury in a unique way, to provide its guests with authentic, exclusive and tailored experiences.

Located just over an hour from Panama City, and within the National Park of Portobelo, El Otro Lado, transports you to a dream place in a harmonious and balanced environment. The perfect combination of authenticity, luxury and comfort.



SAN LORENZO FORT



Located on a cliff of the Caribbean Sea is Fort San Lorenzo, a silent witness of pirates and enemies of Panama. A short distance from the mouth of the Chagres River, this fort was built with the objective of protecting the Atlantic end of the old Camino de Cruces, a route that connected the Pacific port of Panama, the Caribbean Sea and the Chagres River with other important ports The door to intercontinental crossings.



Legends and stories have inspired this route of the Pirates of the Caribbean. It was here that Henry Morgan and Joseph Bradley fought battles for treasures between buccaneers, pirates and conquerors.

This fortification is a UNESCO Cultural Heritage for its relevance to the understanding of the history of the Latin American conquest.





Panama was part of the legendary treasure road through which tons of gold and silver were transported from the conquered territories, mainly from South America, which were stored and distributed from Panama City. The buildings of this place were the third attempt to build a fort for the defense of pirates Henry Morgan and Joseph Bradley.

Relive history as you walk through this fortress, discover the most strategic places, the architecture of Fort San Lorenzo is a masterpiece of the military defense strategy of the Caribbean coast.



EMBERA TRIBE

One of our favorite experiences to share with you is to visit the Embera people aboard a canoe (typical local canoe) led by an embera. Live an experience to embrace this culture.



Immerse yourself in ritual dances, local music, shaman knowledge, crafts, medicinal plants. These will be some of the new discoveries that the Embera will share with you. Stroll through the city to experience your lifestyle firsthand. Learn how they cook the typical embera lunch you will enjoy.





THE SCHOOL OF THE AMERICAS

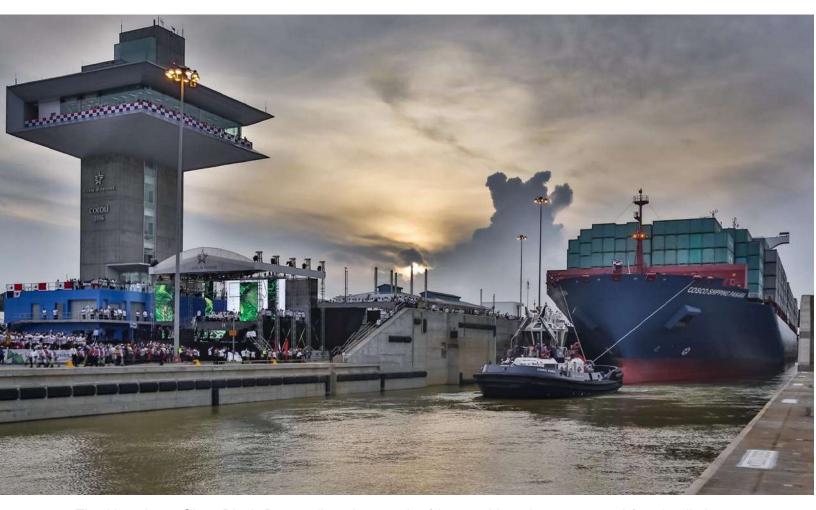
This was a very controversial educational training center. Critics have described the School of the Americas as the "school for dictators," some of them argue that the soldiers who were chosen to attend were not properly evaluated, as some students and instructors were involved in human rights violations. The ten Latin American heads of state who attended the School of the Americas include General Antonio Noriega of Panama, convicted of drug charges and the murder of the leader of the Panamanian military opposition.





PANAMA CANAL NEW LOCKS

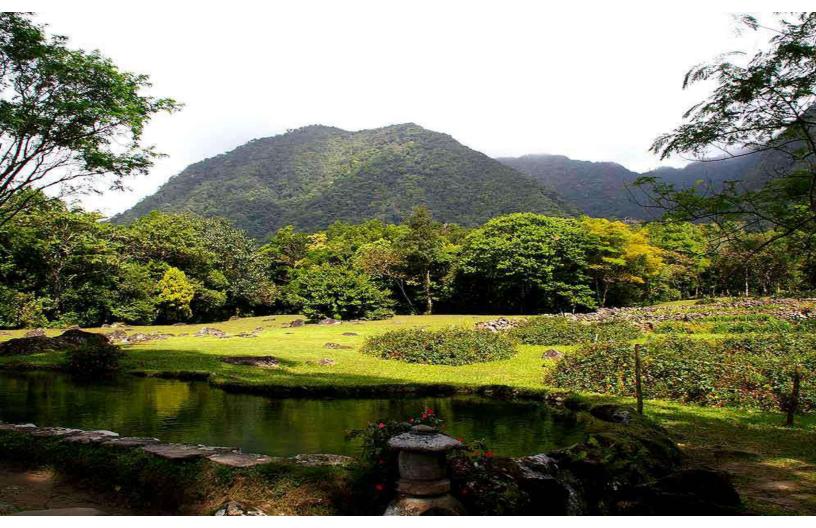
The Panama Canal is one of the two most strategic channels in the world, the other is the Suez Canal. Built in 1914, it joined two oceans that forever changed international trade. The 50-mile long road shortens the trip between the Pacific and the Caribbean Sea to approximately 8,000 nautical miles (15,000 km). Each year, between 13,000 and 14,000 ships use the Panama Canal from more than 1,700 port cities in more than 160 countries.



The New Agua Clara Block Doors allow the transit of larger ships, the terms used for size limits are Panamax (original closing chambers) 33.53 m (110 feet) wide, 320.04 m (1050 feet) long and 12.56 m (41.2 feet) deep and Neopanamax (new) 427 m (1,401 feet) long, 55 m (180 feet) beam and 18.3 m (60.0 feet) deep. Environmentally friendly, the new lock gates exceeded traffic transport. LNG (liquefied natural gas transporters) begins to use the waterway after the new doors are opened. This visit will transport you to the fascinating system of construction and operation of the canal.



ANTON VALLEY



The Antón Valley is a town located in the center of Panama. It is nestled in the crater of an inactive volcano, surrounded by mountains and misty forests, its trails offer views of the sea and the park is home to hundreds of species of native birds, such as the red-shouldered ginger, the red-haired tanager and the blue-crowned motmot .

At the foot of the Gaital hill, there is the small zoo El Nispero, which houses the golden toad, an unusual animal that goes extinct in wild conditions, and native animals such as jaguars, tapirs and capuchin monkeys. The Tropical Wonders Serpentarium has a collection of snakes and other reptiles. The non-profit organization Orquídeas Aprovaca has more than 100 species of this plant on display. The El Chorro Macho Ecological Refuge has nature trails and a zip line that surrounds the El Chorro Macho waterfall. The city's market, on Main Avenue, brings together vendors from across the region that offer agricultural products and handicrafts. Horse riding and cycling are popular activities in the area.



LOS MANDARINOS HOTEL







PANAMANIAN TIPICAL HAT WORKSHOP



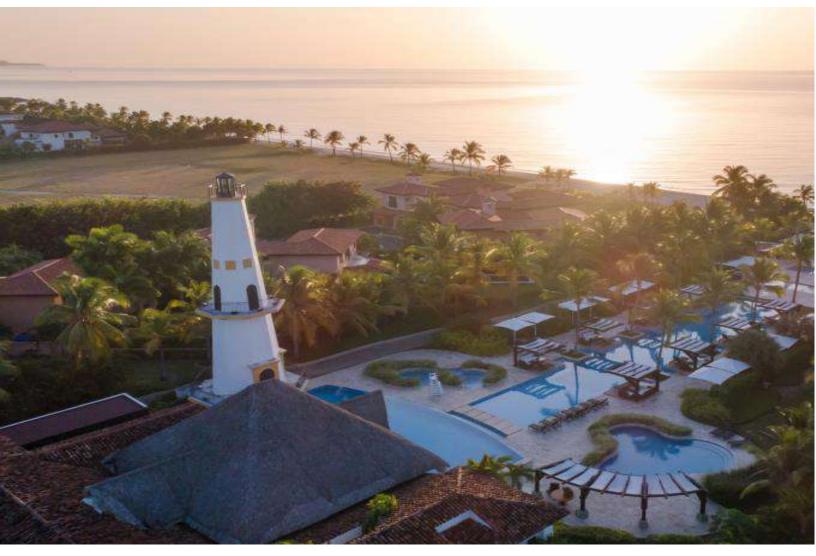
In this particular workshop, you will have the opportunity to learn how one of the most famous hats in the world is made, of course, by the hand of local artisans and finally you can take your own hat home.

The painted hat, the first Panamanian tradition on the List of the Intangible Cultural Heritage of Humanity, follows a complex process of creation of several days or months.

The raw material of the pinto hat is 100% natural and its production is completely manual, a detail that surprises tourists who arrive in the town asking for the "machine that makes the hats so beautiful," artisans say. Horse riding and cycling are popular activities in the area.



THE BUENAVENTURA RESORT & GOLF



On the shores of Playa Buenaventura, Panama, nestled between lush tropical gardens and a lagoon overlooking the Pacific Ocean, you will find a luxury family complex created to exceed your expectations. The Buenaventura Golf & Beach Resort is located on a stretch of unspoilt beach, framed by elegant Spanish colonial architecture, beautifully landscaped swimming pools, an 18-hole Nicklaus Design golf course by Jack Nicklaus and the exquisite Corotu Spa. Making the most of our oceanfront environment, our rooms, suites and villas are the essence of coastal elegance and luxury. Whether you have come to relax and rest, reconnect and recreate with friends or rediscover how you can join the family's special time, many adventures and activities await your arrival. Immerse yourself in a comfortable lounge by the pool. Escape to enjoy a morning at the spa or let our concierge plan a day of surfing, surfing, hiking, horseback riding and more.





Dare to take a different class and become the next expert in Mixology of parties among friends, for the little ones of the house the adventure that we will do creating fun and alcohol-free cocktails of course.



The whole family can enjoy a traditional cooking class with the chef, these types of family activities are those that create memories that last a lifetime!



The fame of Panamanian coffee and rum is well known and this time we have the opportunity to create an experience that will activate all your senses to discover what makes these two protagonists of the country so special.



The best trip for the little ones in the family is where they learn, in this experience children can have a fun time enjoying recreational activities in the complex with some clinics where they will learn sports.





HACIENDA SAN ISIDRO

Hacienda San Isidro is a famous farm in Panama where two of the most popular drinks in this country are produced: Seco Herrerano and the famous Ron Abuelo. As you walk through this property, they will take you on a tour where you will see and learn first-hand how their spirits are made, from the extraction of sugarcane juice, to its fermentation and aging in oak barrels. You will also enjoy a ride in ox-drawn carts, from which you will see the sugar cane plantations as their owners saw them at the beginning of the 20th century. Finally, we will try a sample of its famous rums and spirits so you can enjoy this unique opportunity.





THE PANAMANIAN POLLERA WORKSHOP

The Panamanian pollera has its origins in Spain, it was the dress used by Spanish women of the sixteenth or seventeenth century who arrived with her partner in the conquest of the "New World."

The dress that was worn daily was generally white with two or three sockets with floral overlays or embroideries, as recorded in the historical records.

That is why the pollera as we know it today, is a mixture of the dress used by the Spanish woman throughout the Iberian Peninsula, about the montuna or daily pollera, it is assured that they were used in harsh climates such as in Andalusia, but they are totally different from those used by flamenco dancers.







CHIRIQUI

Immerse yourself in the traditional coffee culture, through a sensory and gastronomic journey, in the different coffee plantations of Boquete.



Get ready to give yourself a unique natural scene, at the highest point of the country, the `` Barú Volcano National Park " at a height of 3,474 meters from sea level and contemplate the sun's rays at its maximum deployment, where you will be the Principal protagonist of this authentic experience. 4x4 vehicle or walking





The only tour in Central America in which you will know the origin of the famous millenary drink, ending with a tasting of the 4 tea classics. White Tea, Green Tea, Oolong and Black Tea.



You will visit the largest sowing and production farm of Maracuyá in the country, where you can observe the development, growth of the plant and fruit, you will live the experience of harvesting and tasting the fruit. It includes lunch and drink.





ISLA PALENQUE RESORT

A 400-acre private tropical island complex in the Gulf of Chiriquí, Panama. A site rich in primary forest, 7 lonely beaches and a sacred history of archeological importance. The resort seems taken from the page of your favorite fantasy novel on a private island.



It is the perfect place when you are looking for a luxury vacation on an island, when you want a truly intact tropical island experience, a distant and unknown place that will energize, refresh and send you completely renovated to your home.





Experience Brief Description

Day 1

Welcome to Panama

Private transfer from International Airport to American Trade Hotel Check In Afternoon at your convenience Dinner with Artisanal Panamanian Rum tasting Overnight in American Trade Hotel

<u>Day 2</u>

Casco Antiguo & Biomuseo

Breakfast at Hotel Private Walking Tour about Culture and History of Casco Antiguo Lunch at "Lo Que Hay" Restaurant Visit to the Biomuseo and Tour around the Causeway (E-Bikes available) Dinner at your Convenience (We offer some recommendations at itinerary) Overnight in American Trade Hotel

<u>Day3</u>

Panama Old City & Panama Canal

Breakfats at Hotel Private walking tour at Panama Old City Lunch in Restaurant of typical food of Panama Guided Visit to the Emblematic Panama Canal (VIP Access Available) Dinner at "Donde Jose" Restaurant Overnight in American Trade Hotel

<u>Day 4</u>

San Blas Archipielago Sailing

Breakfast at Hotel

Private Transfer to Carti Porto to board the Xplore Catamaran Sailing through the different islands of the San Blas Archipelago Lunch, Snacks and Dinners on board included Overnight at Catamarán Xplore



<u>Day 5</u>

San Blas Archipielago Sailing

Breakfast on board Snorkeling, Kayak, Stand Up Paddle, Fishing Grill lunch in an isolated beach San Blas Sailing and recognition of the different islands Dinner on board Overnight at Catamaran Xplore

<u>Day 6</u>

Portobelo - El Otro Lado Private Retreat

Breakfast on board Sailing form San Blas to Portobelo Basic fishing and sailing class Lunch on board Snorkeling and Kayaking at Rustic Beach Club by El Otro Lado Check in at El Otro Lado Special Mangroves of Portobelo private tour Dinner El Otro Lado Overnight at private Villa in El Otro Lado

Day 7

Portobelo

Breakfast at Hotel Historical - cultural walking tour in Portobelo Down town Typical Caribbean Lunch at Casa Congo Visit to La Escuelita del Ritmo Fundation – Drums Workshop Afternoon at your disposal in El Otro Lado Overnight at private Villa in El Otro Lado

<u>Day 8</u>

San Lorenzo - Embera Tribe – Panama Canal New Locks

Breakfast at Hotel Visit to San Lorenzo Fort Private tour to "The Américas School" and Bunkers (E-Bikes available Navigation around Gatún Lake and Visit to Embera Tribe Lunch with the Embera Indigenas Private Tour by the New Panama Canal Locks Private Transfer to Buenaventura Golf & Resort



Dinner at the Hotel Overnight at Buenaventura Golf & Resort

Day 9

Antón Valley

Breakfast Hotel Guided Visit to the Antón Valley Hiking - Craft Market - Zip Line tour Lunch at Anton Valley Free afternoon at Buenaventura Golf & Resort Dinner in Hotel Overnight at Buenaventura Golf & Resort

<u>Day 10</u>

Buenaventura Golf & Resort

Breakfast Hotel All day at your disposal at Buenaventura Golf & Resort Lunch and Dinner Included in any Restaurant of the property Overnight at Buenaventura Golf & Resort

Day 11

San Isidro Estate – Panamanian Pollera Workshop

Breakfast at Hotel Private Tour at San Isidro Estate – Rum Tasting Lunch at San Isidro Estate Panamanian Pollera Workshop Guided walk tour through the town of Los Santos (History and Local Traditions) Private transfer to Isla Palenque Check In at hotel Dinner at Hotel Overnight at Isla Palenque

<u>Day 12</u>

Isla Palenque

Breakfast at Hotel

Activities scheduled at the request of the guest

Lunch at special spot in the property

Afternoon at your disposal

Dinner at Hotel

Overnight at Isla Palenque



Day 13

Passion Fruit, Tea and Coffee Tour

Breakfast at Hotel Passion Fruit & Tea Tour Organic Lunch at Chiriqui Spot Private Geisha coffee tour and the design of flavors Dinner at Hotel Overnight at Isla Palenque

<u>Day 14</u>

Baru Volcano – Panamonte

Breakfast at Hotel Guided visit to the down town of Boquete 6 times Lunch at the Panamonte Hotel by the renowned chef Charlie Collins Sunste at the top of the Baru Volcano Dinner at Hotel Overnight at Isla Palenque

<u>Day 15</u>

Back to Home

Breakfast at Hotel Flight from Chiriqui to Tocumen International Airport in Panama City End of the Itinerary