

Enjoy Cartagena & Panama, XPLORE way!

Number of guests:	To be Confirmed
Expedition:	Cartagena de Indias - San Blas Archipiélago – Portobelo & Panama City
Dasy of expedition:	11 Days / 10 Nighhts

Welcome to Xplore, our goal is that you take home memorable experiences in iconic landscapes, discover new ones, have fun and get out of your daily routines, immerse yourself in different cultures and gain a wider understanding of the world. Our team of experts has combined a wide variety of soft adventures specially designed for explorers, students, people who love finding new things: road finders, search engines, pioneers.

Featuring Cartagena



Next to the sea is the walled old town, founded in the 16th century, with squares, cobbled streets and colorful colonial buildings. With a tropical climate, the city is also a popular beach destination.





Casa San Agustin

A luxurious and small hotel restored with love and reinvented for a new generation of travelers, the exquisite Casa San Agustín echoes the fresh contemporary style of Cartagena and the colorful Caribbean sensibility







COFFEE WORKSHOP





Paradise becomes a living reality while you practice snorkeling, kayaking and discover sunken pirate ships or simply relax on the beaches of the Caribbean paradise.



SAN BERNARDO ARCHIPIELAGO





Santa cruz del islote

Hostal casa en el agua

Isla múcura



SAN BLAS ARCHIPIELAGO



The San Blas archipelago is made up of more than 360 islands with coral reef formations in the Caribbean Sea of Panama. Most of them are inhabited and are accessible only by sea. The virgin paradisiacal turquoise waters are home to curious and colorful sea creatures, dolphins, goldfish, sea turtles, which will accompany you along the crystal clear waters of the Caribbean Sea.

The experience of joining the way of life of Guna Yala will take you to the past, they have kept their culture intact. Sailing in San Blas is an exciting experience. Visit the island where your body was committed to the sea near an island that bears its name of fantastic rainforest and witness its lush wildlife.





PORTOBELO

Probably named by Christopher Columbus as "Puerto Bello" in 1502, Portobelo became the main point for the trade of Spanish ships between Europe and Central and South America, which were loaded with the gold of the Incas and Aztecs after these Treasures will cross the Isthmus from the Pacific Coast. Because of this, Portobelo became the target of pirate attacks like Sir Francis Drake. Portobelo has a rich culture, as it is home to the culture of Congo, in the past slaves were traded here. Today this culture has become a very interesting mix of two worlds.



It was one of the most important ports in America during the colonial era, because most of the ships loaded with affected wealth from South America had to pass through here. Being a must stop within the route, it was necessary to prepare a defense system in order to calculate the safety of the inhabitants of the city and the galleon traffic, which resulted in one of the most impressive sets of military architecture In America. UNESCO declared the port and fortifications of Portobelo a World Heritage Site in 1980, recognizing the exceptional character of this city built on the shores of the Caribbean Sea.



EL OTRO LADO - PRIVATE RETREAT



El Otro Lado is a Private Retreat located in the privileged enclave of the Bay of Portobelo, Panama, which integrates design, culture, nature and luxury in a unique way, to provide its guests with authentic, exclusive and tailored experiences.

Located just over an hour from Panama City, and within the National Park of Portobelo, El Otro Lado, transports you to a dream place in a harmonious and balanced environment. The perfect combination of authenticity, luxury and comfort.



SAN LORENZO FORT



Located on a cliff of the Caribbean Sea is Fort San Lorenzo, a silent witness of pirates and enemies of Panama. A short distance from the mouth of the Chagres River, this fort was built with the objective of protecting the Atlantic end of the old Camino de Cruces, a route that connected the Pacific port of Panama, the Caribbean Sea and the Chagres River with other important ports The door to intercontinental crossings.



Legends and stories have inspired this route of the Pirates of the Caribbean. It was here that Henry Morgan and Joseph Bradley fought battles for treasures between buccaneers, pirates and conquerors.

This fortification is a UNESCO Cultural Heritage for its relevance to the understanding of the history of the Latin American conquest.





Panama was part of the legendary treasure road through which tons of gold and silver were transported from the conquered territories, mainly from South America, which were stored and distributed from Panama City. The buildings of this place were the third attempt to build a fort for the defense of pirates Henry Morgan and Joseph Bradley.

Relive history while walking through this fortress, discover the most strategic places, the architecture of Fort San Lorenzo is a masterpiece of the military defense strategy of the Caribbean coast.



EMBERÁ TRIBE

One of our favorite experiences to share with you is to visit the Embera people aboard a canoe (typical local canoe) led by an embera. Live an experience to embrace this culture.



Immerse yourself in ritual dances, local music, shaman knowledge, crafts, medicinal plants. These will be some of the new discoveries that the Embera will share with you. Stroll through the city to experience your lifestyle firsthand. Learn how they cook the typical embera lunch you will enjoy.





SCHOOL OF THE AMERICAS

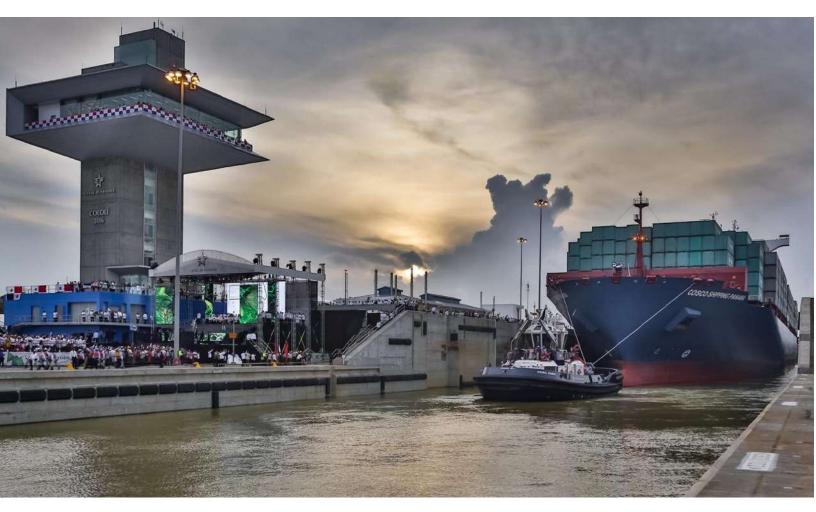
This was a very controversial educational training center. Critics have described the School of the Americas as the "school for dictators," some of them argue that the soldiers who were chosen to attend were not properly evaluated, as some students and instructors were involved in human rights violations. The ten Latin American heads of state who attended the School of the Americas include General Antonio Noriega of Panama, convicted of drug charges and the murder of the leader of the Panamanian military opposition.





NEW PANAMA CANL LOCKS, AGUA CLARA

The Panama Canal is one of the two most strategic channels in the world, the other is the Suez Canal. Built in 1914, it joined two oceans that forever changed international trade. The 50-mile long road shortens the trip between the Pacific and the Caribbean Sea to approximately 8,000 nautical miles (15,000 km). Each year, between 13,000 and 14,000 ships use the Panama Canal from more than 1,700 port cities in more than 160 countries.



The New Clear Water Block Doors allow the transit of larger ships, the terms used for size limits are Panamax (original closing chambers) 33.53 m (110 feet) wide, 320.04 m (1050 feet) long and 12.56 m (41.2 feet) deep and Neopanamax (new) 427 m (1,401 feet) long, 55 m (180 feet) beam and 18.3 m (60.0 feet) deep. Environmentally friendly, the new lock gates exceeded traffic transport. LNG (liquefied natural gas transporters) begins to use the waterway after the new doors are opened. This visit will transport you to the fascinating system of construction and operation of the canal



PANAMA CITY



The essence of the Caribbean can be felt in every corner of the old town, the historic center of Panama City. Small and cozy streets, squares, bright colors, warm people, historic buildings make possible unique and intimate experiences, from an old traditional ice cream shop to exquisite gastronomic experiences.





AMERICAN TRADE HOTEL



The American Trade Hotel and Hall is a luxury boutique hotel, combining old world elegance, with modern and contemporary design. It is located in the most sought-after area of Panama City: Casco Viejo, a neighborhood designated by UNESCO as a world heritage site; It offers the best tourist places, delicious cuisine, nightlife.

Among all the options in Casco Viejo, the American Trade Hotel sparkles brilliantly. The property consists of a charming building, built in 1917 and restored in 2013. It has secured its position as an ecological and cultural bridge, since the area is connected simultaneously, with the second city and the modern city. It is a place of exchange for influential, creative and international visionary figures. The property and adjacent areas are soaked with local culture.



PANAMA LA VIEJA

Located in the middle of modern skyscrapers is Panama La Vieja, a charming place that retains its mystical flavor. Built on a native accent, it was the first city founded by Spain on the Pacific Coast in the 1500s. As you walk surrounded by exotic and magnificent vegetation, you will immerse yourself in history in every corner.



This picturesque place, recognized by UNESCO as a world heritage site, transports us to the link between cultures - Spanish, English, French and of course Panamanian, enriching culture and customs in a gastronomic exchange, of clothing, religious beliefs, in different ways. To appreciate life.

The Cathedral Tower, the King's Bridge, The Convent, private houses and other important ruins still remain witnesses of the expansion and conquest of these territories.





BIOMUSEO

The isthmus of Panama is a milestone in the natural history of the world. Located in Amador Causeway and designed by the famous architect Frank Ghery, the Biomuseo tells us about the emergence of Panama from the ocean.



In its eight galleries with permanent exhibitions are: Bridge of Life that includes a compilation of the importance of biodiversity. Panorama offers an audiovisual experience on a trip through the different ecosystems of the country. The forces of the tectonic plates are the sample that you will find when entering the Gallery of Building the Bridge. The worlds on display show the way in which the isthmus was closed and the migration of giant animals that took place in the process of union between the two continents. You will find a sample of the incidence and human migration that took place when two continents joined.





CASCO ANTIGUO

The Casco Antiguo is a colorful and charming historical center, with fascinating contrasts between the new and the old. Carefully located on a reef, as it was formerly built there for the purpose of protecting the city from possible invasions.

Throughout history, the Isthmus of Panama has become a place of great relevance for world trade. In the Old Town there were some of the most important agreements such as the negotiation of the construction of the famous Panama Canal, signed by Teodoro Roosevelt in this historic center. Relive the story and some interesting details and stories that originated in this place.





LO QUE HAY RESTAURANT



Created by José Carles, owner and executive chef of the restaurant "Where José", this place is the ideal place to know an authentic place of typical Panamanian food better known as Fondas, this place does not have a defined menu since the literal translation of its The name is "What's up." This concept stems from the idea of the chef to go out every day to collect in the main markets the best products that day he finds and with those ingredients make a special menu so that visitors always find unique flavors of Panama



Resumen descriptivo del Itinerario

<u>Day 1</u>

Welcome to Cartagena

Private transfer form Airport to Hotel Check In Dinner at Alma restaurant Overnight Hotel

<u>Day 2</u>

Cartagena History and Culture

Breakfast in Hotel Private Historical and Cultural tour around cartagena and walled city Lunch with the most authentic gastronomy of Cartagena Colombian Coffee tasting workshop Dinner with rum tasting Overnight at Hotel

<u>Day 3</u>

Isla Rosario - Cartagena

Breakfast in hotel Private transfer form hotel to the dock On board of Xplore Catamaran Sailing to Rosario Islands Island activities (Kayaking, Snorkeling, SUP, Fishing) Lunch, Dinner, snacks, soft beverages and wines on board Overnight at Xplore Catamaran

<u>Day 4</u>

San Bernardo

Breakfast on board Sailing through San Bernardo Lunch at desert beach with locals Island activities (Kayaking, Snorkeling, SUP, Fishing) Dinner on board Overnight at Xplore Catamaran



Day 5

Open Sea Sailing

Breakfast on board This day is a long day of navigation between Panama and San Blas about 30 hours Lunch, Dinner, Snacks, Water, sodas, beers and wines on board Overnight at Xplore Catamaran

<u>Day 6</u>

San Blas – Dutchs Keys

Breakfast on board Sailing through Dutch Keys Lunch, Dinner, Snacks, Water, sodas, beers and wines on board Island activities (Kayaking, Snorkeling, SUP, Fishing) Overnight at Xplore Catamaran

<u>Day 7</u>

Portobelo

Breakfast on board Sailing around the Portobelo Bay Check In at El Otro Lado Hotel Leisure afternoon at Hotel Dinner in El Otro Lado Overnight at El Otro Lado

Day 8

Portobelo Culture and Traditions

Breakfast at Hotel Historical - cultural tour of the town of Portobelo Typical Caribbean lunch at Casa Congo Visit and drum lessons with the children of Escuelita del Ritmo Foundation Leisure afternoon at El Otro Lado Overnight at El Otro Lado



<u>Day 9</u>

San Lorenzo - Embera Tribe – Panama Canal

Breakfast hotel Visit to San Lorenzo Fort Private tour through "The School of the Américas Pontoon Navigation on Gatun Lake towards the Embera Tribe Lunch with the Embera Indigenas Private tour of the Agua Clara Panama Canal locks Private tranfer to Panama City Check In and Dinner at Hotel Overnight at Hotel

<u>Día 10</u>

Casco Antiguo - Biomuseo

Breakfast at hotel Walking tour at Casco Antiguo Lunch at "Lo Que Hay" Restaurant Guided tour of the Biomuseum and e-bikes tour of the Causeway Dinner with pairing of Panamanian rum Overnight at Hotel

<u>Día 11</u>

Let's Back Home

Brakfast at hotel Private transfer from hotel to Tocumen International airport



Flexible Optional Activities Included



Includes

- Migration procedures.
- Tickets to San Blas
- All land / water transportation
- Accommodation described in the Summary
- Accommodation aboard the Xplore catamaran
- All meals with Xplore Experiences.
- Snacks in all Xplore experiences
- Soft drinks and beers.
- Equipment (safety vests, snorkeling equipment, kayaks, fishing equipment
- One bottle of wine per cabin.
- Guide in English / Spanish (other languages upon request, additional charges may apply)

Not Included

- Services not specified
- Tips, laundry or valet services, gifts and additional items.
- •Alcoholic drinks
- Wet suits (available for an additional cost