



PANAMA NATURE, COLORS AND VIBES

PORTOBELLO, CARIBBEAN SEA, MONKEY'S TRAIL,
SAN LORENZO, EMBERA, CASCO ANTIGUO, CHAGRES RIVER, BIOMUSEUM

6D/5N

Suggested age: 6 years and up

The Experience



An experience full of enchantment that will take you from a colorful old city, through the biodiversity of rivers, lakes and the turquoise Caribbean Sea. Immerse into the vivid culture, music and ancient tribes.

A complete sampling of **Panama's nature, colors and vibes** will initiate you in discovering Panama's vivid **culture** enabling you to delve into the **music** and the way of living that **tribes** have maintained. The pleasant Caribbean and its crystal-clear waters is an extraordinary natural setting for beach lovers. A celebration of life will take place at the **luxuriant, lush rainforest**. Pirates stories and myths will come alive as the expedition progresses.

A Taste of Panama: nature, color and vibes is an enchanting experience that will transport you from a colorful old city, through to the biodiverse array of **rivers, lakes** and the **turquoise Caribbean Sea**.





The Highlights

Embera Tribe



A Piragua (native canoe) lead by an Embera will take you to the secluded settlement of the tribe. Accessible only by the Chagres River the Embera Community keeps it's ancestral knowledge, traditions and culture. You will have the opportunity to indulge into their wisdom, stories, music and traditions.



Portobelo



Probably named by Christopher Columbus as “Beautiful Port” in 1502 Portobelo became the main point for the trade of Spaniard ships between Europe and Central and South America, which were laden with the gold of the Incas and Aztecs after these treasures crossed the Isthmus from the Pacific Coast. Because of this, Portobelo became the target of attacks by Pirates like Sir Francis Drake. Portobelo has a rich culture since it is home to the Congo Culture, in the past slaves were traded here. Now-a-days this culture has become a very interesting mixture of two worlds.



Caribbean Sea



The **aquamarine shallow waters** of the Caribbean Sea will welcome explorers in a colorful journey with **marine creatures and coral reef formations**. The mixture between white sand and the living sounds of the rainforest is the perfect scenery to play and enjoy with curated flexible activities for everyone: a secluded **beach**, **snorkeling, kayaking, swimming or just relaxing on board**.



Casco Antiguo



Founded in 1519, Panama City became the starting point of important expeditions, like the one, which led to the conquering of the Inca Empire in Peru. Located between the rainforests and the Pacific Ocean, Panama is a vibrant city, which combines the 17th largest sky scrapes line in the world with the colorful warm old colonial city.



Chagres River



The ancient fluvial route of ***Las Cruces Trail***. Since the discovery of Christopher Columbus back in 1501, the Chagres River became a strategic waterway for “Las Cruces Trail”. A silent witness to Spaniard pursuit of gold, a key point of Pirate stories and the easiest way to tranship between South America and Europe. A path rich in wildlife, culture and birdwatching.

The Chagres River is the main source of water of the Gatun Lake which makes possible for the Panama Canal to operate. This river is a silent witness to how Panama played a key role in the colonization of Latin America.



San Lorenzo Fort



Set on a cliff overlooking the river mouth of Chagres, this fortress was constructed between 1598 and 1601 for the main purpose of protecting the Spanish ships which exited the Chagres River in order to sail back to Europe. In 1670 Pirate Joseph Bradley took the fortress with the help of a plan crafted by famous Pirate Henry Morgan. One year later Morgan entered into the river in order to reach the First City of Panama. San Lorenzo's Fortress is a silent witness to how Panama was key for the colonization of Latin America and the magic stories of battles between Spaniards and Pirates.



Monkey's Trail



Immerse into a fantastic tropical rainforest and witness its exuberant wildlife. Howler monkeys will let you know if it is going to start raining, you will listen to their warning miles away! Great place for birdwatching. This exciting trail that will take you from San Lorenzo Fort to Shelter Bay Marina will also deeply connect you to the wonders of nature.



Experience Map



Experience Brief Description

Day 1 Portobelo

- Pick up at the airport for transfer from airport to Portobelo. Estimated time: 1.5 – 2 hours
- Check in at El Otro Lado Private Retreat in Portobelo
- Time at leisure
- Dinner with glass of wine at hotel
- Overnight at hotel in Panama City

Day 2 Portobelo

- Breakfast at hotel
- Kayak exploration to places nearby the hotel (moderate level, optional) or time at leisure
- Lunch at El Otro Lado Private Retreat
- Farahona mangrove exploration
- Time at leisure
- Dinner with glass of wine
- Baile Congo Performance
- Overnight at hotel



Day 3 Sailing - Pirates of Portobelo

- Breakfast at hotel
- Sailing from the Pirates point of view the Portobelo Bay
- Lunch on board Catamaran Xplore or picnic at the beach (depending on weather conditions)
- Dinner with a glass of wine at hotel
- Overnight at hotel

Day 4 Catamaran Sailing from Portobelo to Shelter Bay / San Lorenzo Fort

- Breakfast at hotel
- Transfer to board Catamaran Xplore
- Sailing from Portobelo to Shelter Bay
- Lunch at Shelter Bay
- E-Bike ride along the Monkey's Trail (moderate level, optional activity)
- Transfer to Fort San Lorenzo for a walk through history (guided)
- Easy walk from San Lorenzo Fort dock to board Xplore Catamaran
- Dinner and overnight on board

Day 5 Chagres River / Gatun Lake

- Breakfast on board
- Sailing on board the Xplore Catamaran along the Chagres river
- Transfer to Acqua Xplore to board the Xplore Ponton
- Scenic navigation in the Gatun Lake
- Guided visit to Embera Tribe
- Typical lunch will be serve at site
- Transfer back to Panama City
- Check in at hotel in Panama
- Dinner
- Overnight at hotel

Day 6 Panama City

- Breakfast at hotel
- Discovering the Caso Antiguo (Guided)
- Transfer to Amador Causeway. Optional E-bike ride
- Biomuseum visit
- Transfer to airport or extensions

Flexible Optional Activities Included



Flexible optional activities are available in all Xplore Experiences, you can choose the one of your preference eg. Kayak or wildlife observation



Includes

- All accommodations included
- All ground / water transportation included
- All meals included from lunch in day 1
- Guided experiences* (english and/or spanish): Casco Antiguo, Portobelo Bay sailing, San Lorenzo Fort, Chagres River
- Overnight at selected hotels in Panama and El Otro Lado Private Retreat in Portobelo
- Entrance fees to visits included
- Noon activity at Casco Antiguo
- Snacks on board Xplore Catamaran
- Equipment (safety vests, snorkeling gear, kayaks, fishing gear, helmets)
- 1 bottle of wine per cabin and 2 beers per day per adult on board the Catamaran
- *Other languages upon request additional charges may apply

Not Included

- Not specified services
- Gratuities, laundry or valet services, gifts and additional items
- ITBMS taxes 7%
- Air tickets
- Alcoholic beverages

Important Notes

- Minimum Number of Guests for bookings: 2 adults
- Maximum Number of Guests: 8, including children
- Suggested age for this experience: 6 years old and up
- Itinerary and activities are subject to change without previous notice.