

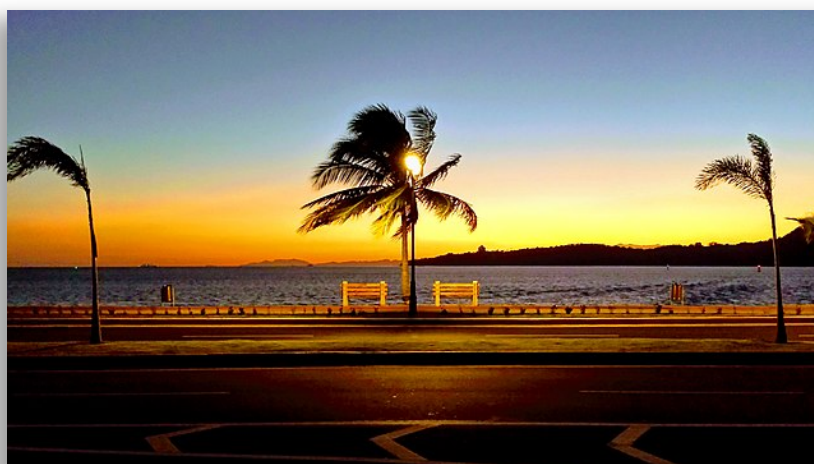
## The perfect mix

Between the modern city and  
the mountains' curvy roads.  
(BMW)

Reference:	XPLM-005
Minimum for Tour	1 Rider
Maximum for Tour	5 Rider / 10 People
Length:	1 Day
Departure Days:	According to Reservation
Suggested age:	23 years and up

### The Experience

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## Panama City

### The Old Colonial City and the New Metropolis

The City of Panama was founded in 1519. Currently the city is a mixture of a megapolis ranked as the 17th city with more skyscrapers in the world and a colorful Spanish colonial city, which has buildings from the 17th century.

As the first city that the Spaniards founded on the Pacific Coast of the whole continent, it served as the departure point for great accomplishments for Spain, as it was the conquering of the Empire of the Incas in 1532. Due to the narrowness of the Isthmus the city became a strategic point in the route of the gold extracted from Peru and elsewhere in the Pacific Coast of Latin America. Located between the tropical forest and the Pacific Ocean the city of Panama has become a destination with a great variety of options; from the greatest biodiversity in the whole of Central America, passing through historical places awarded as World Heritage Sites by UNESCO, to a vibrant modern city with a night life that pairs with the biggest cities of the world.



## Anton Valley

According to geologists, the Anton Valley (El Valle de Antón) is the crater of a volcano. Due to the altitude it tends to have a milder and nicer climate. The main nearby touristic attractions include the Waterfall of El Macho (also known as El Salto de Tomasín), thermal waters, a botanical garden called "El Nispero", which includes a collection of rare species of amphibious. This region is known around the world for the golden frog, which is a Panamanian endemic species, in danger of extinction. Some of the forest surrounding the town are protected by the law.

The Valley is also known for a hill called "La India Dormida" (The Sleeping Indian), which is the reason of an ancient indigenous legend due to the fact that it seems to have the shape of a woman laying down. The region is a perfect place where to relax, while at the same time, it has restaurantes, which can please any visitor due to the fact that the cuisine here has improved because of the great number of tourists, which visit this destination.





## Causeway Amador

The Amador Causeway is a road that connects the islands of Perico, Naos and Flamenco. The road starts at the coastline near the Bridge of Americas and goes out into the Pacific Ocean some 6 miles. It was constructed in 1913 with the rocks that were taken from Corte Culebra (Gaillard's Cut), which represented a major challenge during the construction of the Panama Canal. The current site used to be a US military post, which was key to the protection of the canal during the Second World War. Currently the Amador Causeway is one of the most popular places in Panama City due to the fact that locals and tourists find a wide variety of possibilities to recreate, which include jogging, skating, riding bicycles or walking by the sea. You can also find a wide variety of restaurants, bars and discos, a Convention Center and Frank Gehry's Biodiversity Museum. Amador Causeway is the home for the Smithsonian Institute's Center for Tropical Research and the Punta Culebra Center for the Exhibition of Marine Life. From the causeway you can see the South entrance to the Panama Canal, the America's Bridge, the Colonial Spanish Old Town and the many skyscrapers of the City of Panama.



**INCLUDED**

Transfer hotel/airport/hotel  
Welcome Dinner  
BMW Motorcycle  
Accommodations  
Breakfast  
Bilingual Guide (spanish/english)  
Adventure Brief  
2 Side Suitcases  
Route Map  
Day by day description guide  
Basic motorcycle insurance  
24 hour customer service  
Motorcycle GPS (only for SelfGuide)

**NO INCLUIDO:**

Air transportation tickets or fees  
Personal medical insurance  
Gratuities  
Soft and alcoholic beverages  
Entrance fees  
Bike equipment, available upon request  
Fuel  
Tolls  
Parking fees  
Not specified services

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