

# CURVY ROADS OF THE UPLANDS

Mountains and lagoons. (BMW)

Reference:	XPLM-003
Minimum for Tour	1 Rider
Maximum for Tour	5 Rider / 10 People
Lenght:	2 Days / 1 Night
Departure Days:	According to Reservation
Suggested age:	23 years and up

# The Experience







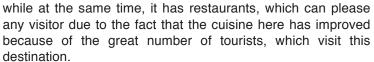
## **Anton Valley**

According to geologists, the Anton Valley (El Valle de Antón) is the crater of a volcano. Due to the altitude it tends to have a milder and nicer climate. The main nearby touristic attractions include the Waterfall of El Macho (also known as El Salto de Tomasín), thermal waters, a botanical garden called "El Níspero", which includes a collection of rare species of amphibious. This region is known around the world for the golden frog, which is a Panamanian endemic species, in danger of extinction. Some of the forest surrounding the town are protected by the law.

The Valley is also known for a hill called "La India Dormida" (The Sleeping Indian), which is the reason of an ancient indigenous legend due to the fact that it seems to have the shape of a woman



laying down. The region is a perfect place where to relax,





## The San Carlos' Lagoon

At an hour and a half from Panama City and only 25 kilometers (15 miles) from the Interamerican Highway, this spot is the perfect place to break away from your daily routine and stress of the city. With an extension of 5 acres the touristic location represents a nice place where to try fishing any of the 14 known species found in the lagoon. Its banks can become a nice place where to set up a camp with the option of places where you can make a wood fire. The location also has a restaurant, which opens until 8:00 pm.





## El Guayabito



Located at the skirts of one of the highest mountain ranges of the region, this destination represents a good place where to stop if you're riding a motorcycle is the Bar-Restaurant founded by a biker himself. With the best view of the Valley of San Carlos, to Playa Blanca, you can enjoy the swimming pool, areas for wood fires, horses, BBQ outdoors.







#### **INCLUDED**

Transfer hotel/airport/hotel
Welcome Dinner
BMW Motorcycle
Accommodations
Breakfast
Bilingual Guide (Spanish/English)
Adventure Brief
2 Side Suitcases
Route Map
Day by day description guide
Basic motorcycle insurance
24 hour customer service
Motorcycle GPS (only for Self Guided tours)

#### **NOT INCLUDED**

Air transportation tickets or fees
Personal medical insurance
Gratuities
Soft and Alcoholic beverages
Entrance fees
Bike equipment, available upon request
Fuel
Tolls
Parking
Not specified services
Lunches

